

## Dates for the Diary

### Year 9 AP2 Assessments

Monday 24<sup>th</sup> - Friday 28<sup>th</sup> June 2024

### Parent Forum Meeting

Monday 1<sup>st</sup> July 2024 - 4pm-5pm

### Sports Presentation Event

Wednesday 3<sup>rd</sup> July 2024 - 4pm-5.15pm

### Work Celebration Event

Thursday 4<sup>th</sup> July 2024 - 4pm-6pm

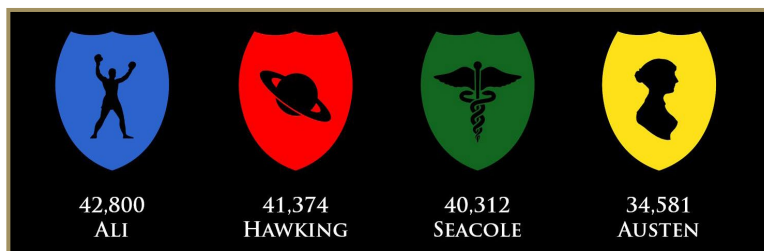
### Year 9 Transition to Upper Academy

Monday 8<sup>th</sup> July 2024

## Student Value of the Term



## House Points - Week Ending 14<sup>th</sup> June



## Leadership Message - Football Beyond Borders

The Lower Academy have had the pleasure of working alongside various interventions to support our students and ensure everyone achieves their full potential. FBB (Football Beyond Borders) have been onsite working with a different cohort of students, each term having been an integral part of the academy for the last few years.

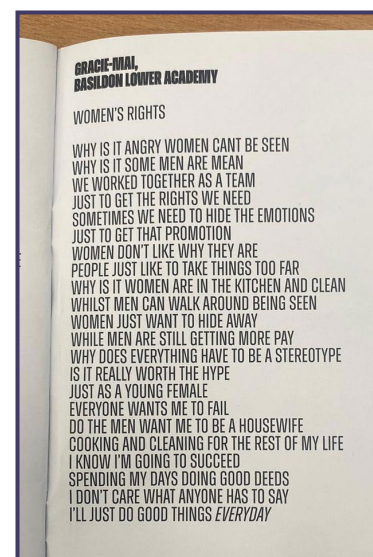
Since joining, we have noticed the increase in social skills, confidence, and attitude to learning. Students taking part in the FBB programme did a deep dive into our school values and, how they can spread the importance with their peers.

Football Beyond Borders latest edition of their magazine 'Unapologetically Us' features a poem written by Year 8 student Gracie-Mai.P.

Not only have our students been featured in the magazine, but 2 students were selected to attend the FBB headquarters along with a feature at the Annual showcase held at the Tottenham Hotspur Football Stadium. Exploring themes such as 'Rasing aspirations' and 'being a better me.' Feedback from this amazing opportunity came with nothing but praise on how articulate the girls were and what a credit to the academy there are.



**R.Joseph - Senior Student Development Leader & Respect Champion**



There are 32 external agencies that the school have been successful in engaging to deliver provision through their wellbeing centres in addition to their own programmes and this is all carefully mapped and evaluated.



Excellence in Pupil  
Development Award

2023-2026

## French Drop Down Day

On Friday 14<sup>th</sup> June, Lower Academy students engaged in a French Drop-Down Day. Learners focused on cultural and historical events such as the French Revolution, the Paris 2024 Olympic and Paralympic Games and, the building of the Eiffel Tower.

Students learned about the Tennis Court Oath, the Storming of the Bastille, and participated in an Olympic-themed Escape Room, learning about the Olympic and Paralympic mascots. The day concluded with a creative session in which each student crafted their own model of the Eiffel Tower.

French Drop-Down Day is an important part of increasing the profile of French at the Lower Academy and ensuring that students have positive interactions with, and develop, positive attitudes towards French and the French culture. The drop-down day allowed students to engage with French culture, using their teamwork skills and their creativity.



"The day was really fun & we got to do the Escape Room Challenge in French. I also learned all about the French Revolution." Victoria.A – Year 7

"French Drop Down Day was fun & challenging at the same time. Learning about the French Revolution was fascinating. This was by far my favourite drop down day!" Riccardo.O – Year 8

"It has been fun and interesting and the escape room challenge had my brain thinking." Lillie.S – Year 8

"I won the escape room challenge so I am very happy. Overall it was good fun." Jazmyn.H – Year 8

"I found it really fun today, especially the colouring and learning about the French Revolution." Sasha.B – Year

"French Drop Down Day was amazing. I wish I could do it again another day." Lexie.D -Year 7

## Soccer Aid Reward Event

Well done to our UNICEF Ambassadors who have worked incredibly hard this half term. They have contributed towards action plans, organised the Soccer Aid event and, worked tirelessly to promote UNICEF amongst our school community.

Last week, our ambassadors were rewarded for this hard work with an invitation to watch the Soccer Aid game on the big screen in the main hall. Students really enjoyed the reward afternoon with snacks and face painting.

"I found the experience very fun and it is helping our community." Skye.M - Year 7

"Watching the Soccer Aid event was amazing. We also learned how UNICEF help poor children around the world by providing shelter for them." Harsimran.K - Year 7



"I thought the event was wonderful because we got to experience the fun but also learn about the bad experiences of poor children." Oluwadarasimi.A - Year 7

"It was a very fun and interesting experience. Unicef will continue to change the World for generations to come." Lee.M – Year 9

"I really enjoyed Soccer Aid with all of the school's UNICEF Ambassadors. We got to learn more about the work UNICEF do and we were rewarded for the work we have done." Annie.R – Year 9

Congratulations to the winners of our football fundraiser challenges; Kai.R (target practice) and Riley.M (penalty shoot-out). Pictured below are both students receiving their certificates from UNICEF Ambassador Annie.R.



GOLD - RIGHTS RESPECTING

Wellbeing is prioritised for everyone in the school. As well as extensive curriculum content, the leadership have funded Wellbeing Centres on both sites. This support was spoken of very positively by students. Some have timetabled access but "There are break and lunchtime drop ins... anyone can go for help with any problem...it's very accessible."

*Unicef RRSA Accreditation Report Gold: Rights Aware - July 2022*

## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

## Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonloweracademy.org.uk/safeguarding](http://www.basildonloweracademy.org.uk/safeguarding)

## Young Minds

[Young Minds](#) is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Just as people's bodies can become unwell, people's minds can become unwell too.

Young Minds offer information to young people and children about mental health and emotional wellbeing. If you need to talk, they can let you know about organisations that listen, plus they offer online support and info.

The logo for Young Minds, featuring the word 'YOUNG' in yellow and 'MINDS' in grey, with a small yellow dot above the 'i' in 'MINDS'.

## Young Carers Club

Tuesdays

3:30pm-5pm

Venue: Learning Support Centre



Various activities each week including board games, cooking, photography, arts & crafts.

Refreshments provided. Talk to others, relax & have fun.

## School Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Tuesday &  
Thursday Breaktime  
Location:  
The Wellbeing Centre



## Volunteers for Educational Visit Chaperones

In order to support our ambition to get every learner onto an offsite visit this academic year, we are looking to create a team of parent and carer volunteers to be chaperones for our trips.

Each volunteer would be subject to Disclosure and Barring Service checks (DBS) completed through the school and, would undergo onsite safeguarding training with a view to being called upon when we need additional support with ratios of parents to students for school trips.

If you would be interested in registering for this support service and have availability during school time, please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for General Enquiries.

## SEND Department Coffee Afternoons Every Wednesday 3pm - 4pm

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss their child's progress. Coffee afternoons are held at the Lower Academy from 3pm – 4pm every Wednesday.

To book an appointment please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for General Enquiries.



# Job of the Week: Dietitian

## What does a Dietitian do?

Dietitians educate people about healthy lifestyles, diagnosing and treating people in medical settings or working in the community. Depending on where you work (e.g. in a hospital or community setting), your day-to-day tasks are likely to include assessing the nutritional needs of your patients, some of whom will have medical conditions. You'll work with other health professionals and nutritionists. You may also supervise the work of dietetic assistants.

## Labour Market Information

- UK jobs: 208,661
- Essex jobs: 4,401
- Top 5 LEAs: Birmingham (5,358), Kent (4,922), Hertfordshire (4,517), Essex (4,401), Lancashire (4,386)



## What Qualifications do you need to do this job?

You'll need an undergraduate or postgraduate degree in dietetics or human nutrition and dietetics.

In most cases, this degree will need to be approved by the relevant professional body in your country (like Dietitians Australia, or the Health and Care Professionals Council in the UK).

## Let's Talk Money

UK annual median: £44,497



# THE BASILDON ACADEMIES WORD OF THE DAY

17<sup>th</sup> June 2024 – 21<sup>st</sup> June 2024

Summer Begins - 20<sup>th</sup> June

World Refill Day & Eid ul-adha - 16<sup>th</sup> June

Monday:	<b>Refresh: Opfrissen in Dutch</b> To make fresh again; reinvigorate or cheer (a person, the mind, spirits, etc.).
Tuesday:	<b>Restock: Réapprovisionner in French</b> to stock again; replenish.
Wednesday: (National Writing Day)	<b>Provision: Probisyon in Filipino</b> the providing or supplying of something, especially of food or other necessities.
Thursday:	<b>Replenish: Aufzufüllen in German</b> to make full or complete again, as by supplying what is lacking, used up, etc.
Friday:	<b>Restore: Αποκαθιστώ (apokathisto) in Greek</b> to bring back into existence, use, or the like; reestablish.

The schools support for mental health and wellbeing is well led and the school have invested significantly in training and additional staff within their wellbeing centres and wider pastoral teams over recent years to build capacity and expand what they can offer.



Wellbeing Award  
for Schools

2022-2025

Follow The Basildon Lower Academy on our social media channels



## Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)



For further information and guidance regarding attendance and absence please visit our website: [www.basildonloweracademy.org.uk/attendance](http://www.basildonloweracademy.org.uk/attendance)

 Essex County Council  
Education

# GOOD TIMEKEEPING



## What to do the night before:

Get everything you need for school ready



Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school



Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!

