

The Basildon Lower Academy Newsletter

6th November 2023

Dates for the Diary

UK Parliament Week Monday 6th - Sunday 12th November 2023

Armistice Day Saturday 11th November 2023

Anti-Bullying Week Monday 13th - Friday 17th November 2023

Year 7 AP1 AssessmentsMonday 20th - Friday 24th November 2023

Year 8 AP1 AssessmentsMonday 27th November - Friday 1st December 2023

Student Value of the Term

NO HUMAN IS ILLEGAL

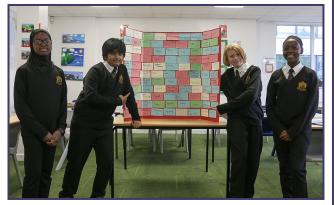
House Points - Week Ending 3rd November



Message from Headteacher

I would like to thank you for your continued support with our 'Not seen, Not Heard' policy on mobile phones and with our focus on our BA Way Behaviour Charter. It is important that all members of the Basildon Academies community recognise the importance of positive attitudes towards learning and positive community behaviours and, the impact that they have on our students personal and academic achievement. So, I thank you for your support with this.

I was delighted to see that our Year 7 students have completed their inspirational 'Happiness Wall', which will be displayed prominently for all our community to see. Students have been reflecting on happiness, what makes them happy and why happiness is so important in life.



This year's UK Parliament Week starts today and is an annual event that helps spread the word about what Parliament does and how young people can get involved. Students in all year groups will have the opportunity to engage in various activities to raise their awareness of what Parliament is. I really look forward to seeing how they participate.

L.Sherman

Could you be a Parent Governor?

As we are a rapidly growing academy trust we have opportunities for new parent governors to join our team.

Becoming a Parent Governor offers you the opportunity to make a real contribution to the academy community and to work together with the academy leadership, staff and other governors.

If this opportunity is of interest then please apply via our website; www.basildonacademies.org.uk/governance-vacancies

The closing date for applications will be 3pm on Friday 24th November.

The admin team on both sites are welcoming to visitors and parents and have access to the new EAL translator tools which enable them to speak to each parent or child in their own language when needed.



Meet our EAL Ambassadors

Our ambassadors provide tours to new EAL students and help them with any questions they may have to ensure a smooth settling in period when joining the Lower Academy.

"Being EAL Ambassadors makes us feel like we can be of help to people." Hayden.A and Lucy.P - Year 9

"I think that being an EAL Ambassador will really help students who speak different languages when they join the school. We can help them by showing them round and make them feel welcome." James.W - Year 9











Important Communication

On Monday 30th October, an important communication was sent home to our parents and carers via email. A copy of that email can be found by clicking on the following link: Letter to Parents/Carers

Student Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Tuesday Breaktime Location:

The Wellbeing Centre



Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding

Free Online Counselling Service

<u>www.kooth.com</u> is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



Free Fruit at Breaktime



Students can choose an item of fruit from the till area in the Dining Hall at breaktime each day.

Leaders make highly effective use of a wide range of data to identify issues, track improvements and guide decision making both on individual pupils and collectively. Recently this played a part in identifying that uniform infringements were linked to the cost of living crisis and led to changes in the school's uniform.



Excellence in Pupil
Development Award

Absence Procedures

To report a student absence please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website: www.basildonloweracademy.org.uk/attendance



Categorising attendance and learning hours lost

Descriptor	Threshold attendance	Actual attendance (days)	Whole days absent	Lost learning hours	Level of concern
Excellent	100%	190	0	0	Green
	99%	188	2	10	
Good	98%	186	4	20	Green
	97%	184	6	30	
	96%	182.5	7.5	37.5	
Cause for	95%	180.5	9.5	47.5	Orange
concern	94%	179	11	55	
	93%	177	13	65	
	92%	175	15	75	
	91%	173	17	85	
Unsatisfactory	90%	171	19	95	Red
	89%	169	21	105	
	88%	167	23	115	
	87%	165	25	125	
	86%	163	27	135	
Critical	85%	161.5	28.5	142.5	
	84%	159.5	30.5	152.5	
	83%	158	32	160	
	82%	156	34	170	
	81%	154	36	180	
	80%	152	38	190	



















TO COMMEMORATE ARMISTICE DAY
THE DINING HALL WILL BE SELLING A SELECTION
OF CAKES & BISCUITS FOR 50P EACH
ON FRIDAY 10TH NOVEMBER





ALL PROCEEDS WILL GO TO THE ROYAL BRITISH LEGION









ON FRIDAY 17TH NOVEMBER THE DINING HALL WILL BE SELLING A SELECTION OF CAKES & BISCUITS FOR 50P EACH.
ALL PROCEEDS WILL GO TO CHILDREN IN NEED.

Follow The Basildon Lower Academy on our social media channels







What to do

Advice on childhood illnesses

>>

Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms	>	Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters	11	Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat	>>	Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)	>>	Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards		GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before	>>	GP	•
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)	>>	GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)	>>	Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash		GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty	>>	Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm	>>	GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash		GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus	>>	Pharmacy	Ensure good hand hygiene
Tonsilitis/ Strep throat	Intense sore throat for more than 1 day	>>	Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow . Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit <u>www.nhs.uk</u> for latest guidance

*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Should my child go to school/nursery today?
Hertfordshire and West Essex Healthier Together for further information https://www.hwehealthiertogether.nhs.uk/parentscarers

Working in partnership with



