

The Basildon Lower Academy Newsletter

25th November 2024

Dates for the Diary

Year 9 AP1 Assessments Monday 2nd - Friday 6th December 2024

Year 8 AP1 Assessments Monday 9th - Friday 13th December 2024

Winter Wonderland Christmas Fayre Monday 16th December 2024 - 3:30pm-5pm

Last Day of Autumn Term Friday 20th December 2024

First Day of Spring Term Tuesday 7th January 2025

Student Value of the Term



House Points - Week Ending 22nd November



Leadership Message

Our behaviour policy outlines the behaviours and expectations for our students to follow and, our behaviour curriculum ensures that students understand *how* to meet these expectations. Alongside this, we appreciate that students do not always make positive choices and that there are a variety of reasons which lead to these. To support students we have both our Regulation and Reintegration Rooms, where the room leaders work with the students to ensure that they can return to lessons successfully.

Our Regulation Room serves as a designated space where students can manage their emotions, behaviour, and stress. It is part of our inclusive strategy to help students develop self-regulation skills, improve emotional wellbeing, and maintain positive behaviour in school. Students will attend the regulation room following a removal from lesson for a short-term intervention.



Our Reintegration Room is a specialised space used to support students returning to the mainstream classroom after a period of time. Students will attend the Reintegration Room as the result of receiving a C5, to sit an internal suspension or for a period of time following a fixed term suspension. Its main purpose is to help students reintegrate successfully into the school environment by addressing the issues that led to their C5 or suspension and preparing them for a positive return to regular classes. Overall, the Reintegration Room plays a crucial role in ensuring that students returning from exclusion or following a serious behavioural event, are supported academically, emotionally, and behaviourally so they can reintegrate successfully into the school community.



Z.Spencer Assistant Headteacher

Leaders make highly effective use of a wide range of data to identify issues, track improvements and guide decision making both on individual pupils and collectively. Recently this played a part in identifying that uniform infringements were linked to the cost of living crisis and led to changes in the school's uniform.



Excellence in Pupil Development Award

Parliament Week Activities

Last week, our students enthusiastically participated in UK Parliament Week, diving into the world of democracy and parliamentary processes. The event offered a valuable opportunity to explore how decisions are made and laws are created in the UK.

As part of the activities, Year 7 students worked in groups to invent their own political parties. They created party symbols, outlined core beliefs, and developed manifestos that included new laws, ideas for improving the country, and even laws they would abolish. Each group also practiced explaining why people should vote for their party.

"We celebrate Parliament week because it showcases how much the United Kingdom has done over the years and how the UK government can improve." Dara.O – Year 8











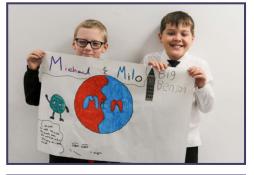














Lily Crowned Kickboxing World Champion

Congratulations to Year 8 student Lily.P, who recently achieved an incredible milestone by becoming the World Champion in the K1 12-13 years 55kg category at the 2024 WKO K-1 Kickboxing World Championships, held at Basildon Sporting Village.

Lily, a member of Basildon Freestyle Kickboxing Club for the past 18 months, advanced to the final through a technical knockout. The final was an exhilarating contest, with the first two rounds ending in a tie. However, Lily scored significantly higher in the final round to claim victory and take home an impressive 2kg championship belt.

Reflecting on her experience, Lily said: "The final was an awesome experience and I loved it. I'm really excited to take part in more competitions. I had to train hard for it and stick to a strict diet. I was extremely nervous just before the final, but as soon as I started competing, my nerves quickly went away."

Lily's year isn't slowing down anytime soon. With two more competitions scheduled, she also has her sights set on competing in Germany and the USA next year. Additionally, Lily is taking on the 3 Peaks Challenge to help raise funds for her kickboxing club.

Well done, Lily, and best of luck in your future competitions!

Year 9 Options - Expression of Interest

The Year 9 Options 'Expressions of Interest' form will close this Friday, 29th November, at 3.30pm.

If your child has not completed this so far, please do ensure that they do this before the deadline. This is not the final choice for their options but will indicate to me which courses need to be offered in January for the full process.

To view the Options Booklet on the Basildon Lower Academy website click here

If you have any questions, please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Year 9 Options.

S.Szuszkiewicz

Deputy Headteacher - The Basildon Upper Academy

SEND Department Coffee Afternoons

We are delighted to offer our parents/carers the opportunity to meet with members of our SEND Department to discuss their child's progress. Coffee afternoons are held at the Lower Academy from 3pm – 4pm every Wednesday.

To book an appointment please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for General Enquiries.

New Essex Sexual Health Service Webpages Dedicated to Secondary Parents & Carers

The Essex Sexual Health Service now offers dedicated web pages designed to support parents and carers. Parents can find a wealth of resources including FAQs, insights into RSE and advice on how to have those important conversations.

https://essexsexualhealthservice.org.uk/













Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link <u>www.escb.co.uk</u> which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding

Young Minds

Young Minds is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Just as people's bodies can become unwell, people's minds can become unwell too.

Young Minds offer information to young people and children about mental health and emotional wellbeing. If you need to talk, they can let you know about organisations that listen, plus they offer online support and info.



Aspire - Believe - Achieve

Online Safety Hub Recommended Resource of the Week: Modelling Healthy Digital Habits to your Children

In today's digital age, technology permeates every part of our lives; therefore, it's vital young people learn responsible digital citizenship. Children learn through observation, so it's essential parents lead by example and model healthy online habits themselves. <u>Click here</u> to access information and support relating to modelling healthy digital habits to your children.



The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: <u>Online Safety Hub - The Basildon Academies</u>

TESCO



Stronger Starts



The Basildon Academies - Rethink Your Drink

Support the academies to encourage students to swap Their sugar filled drinks for a healthier option

WHY? The project with the highest number of votes across your region will receive £1,500



Pick up your tokens at local stores between 1st October – 15th January: Rayleigh Exp Small unit SS6 7BY Pitsea Extra Large unit SS13 3JU Silva Isl Wickfrd Exp Large unit SS12 9NR Wickford S/End Rd Exp Small unit SS11 8EE Lond Rd Sth Benfl Exp Small unit SS7 5TH Rayleigh Ldn Rd Exp Small unit SS6 9BN

BASILDON ACADEMIES WORD OF THE DAY

25th - 29th November 2024

| Monday: International Day for the Elimination of Violence Against Women | Advocacy (Noun) <i>Definition:</i> Public support for or recommendation of a particular cause or policy. <i>Example:</i> Advocacy for gender equality is a central theme of the International Day for the Elimination of Violence Against Women. |
|--|---|
| Tuesday: | Empowerment (Noun) <i>Definition</i> : The process of becoming stronger and more confident, especially in controlling one's life and claiming one's rights. <i>Example:</i> Empowerment initiatives are vital for addressing violence against women on this international day. |
| Wednesday: <i>Lancashire Day</i> | Heritage (Noun) Definition: Property that is or may be inherited; a special or individual possession; an allotted portion. Example: Lancashire Day celebrates the region's rich heritage and historical contributions. |
| Thursday: Thanksgiving Day | Gratitude (Noun) <i>Definition:</i> The quality of being thankful; readiness to show appreciation for and to return kindness. <i>Example:</i> Thanksgiving Day is a time for expressing gratitude for the blessings of the past year. |
| Friday: | Feast (Noun) <i>Definition:</i> A large meal, typically a celebratory one. <i>Example:</i> The Thanksgiving feast is a central tradition of the holiday. |

Job of the Week: Utility Manager

What Qualifications do you need to do this job?

- A degree in engineering, urban planning or public administration
- Specialised degrees in water resource technology or electrical engineering
 Experience in this sector is highly addressed
- Experience in this sector is highly valued
 There are opportunities to work up to this
- position from entry level roles such as utility operators and workers

What does a Utility Manager do?

- They work for a company or community to manage their utilities. I.e. electricity, water, gas and recycling of waste
- They oversee utility staff ensuring the company or community uses their essential resources as efficiently as possible

Labour Market Information

- 8,415 jobs in the local area of Essex
- Hertfordshire 8,186 jobs
- Surrey 8,334 jobs
- Kent 8,186 jobs

KID NO.

Let's Talk Money UK annual median: £40,000

The schools support for mental health and wellbeing is well led and the school have invested significantly in training and additional staff within their wellbeing centres and wider pastoral teams over recent years to build capacity and expand what they can offer.

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2022-2025

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Absence Procedures

To report a student absence please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
 Parent/carers may be asked for medical evidence to support absences after 3 days or
- reoccurring absence patterns.
 Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. <u>www.basildonloweracademy.org.uk/attendance</u>

Essex County Council Education

TIMEKEEPING

What to do the night before:

Get everything you need for school ready





Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school



Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!



