



# The Basildon Lower Academy Newsletter

3<sup>rd</sup> June 2024

## Dates for the Diary

### Parent Forum Meeting

Monday 10<sup>th</sup> June 2024 - 4pm-5pm

### Year 9 AP2 Assessments

Monday 24<sup>th</sup> - Friday 28<sup>th</sup> June 2024

### Sports Presentation Event

Wednesday 3<sup>rd</sup> July 2024 - 4pm-5.15pm

### Work Celebration Event

Thursday 4<sup>th</sup> July 2024 - 4pm-6pm

### Year 9 Transition to Upper Academy

Monday 8<sup>th</sup> July 2024

## Student Value of the Term

# LOVE IS LOVE

## House Points - Week Ending 24<sup>th</sup> May



40,192  
HAWKING



39,151  
ALI



36,574  
SEACOLE



32,911  
AUSTEN

## Leadership Message

Welcome back to the start of a new term. I'm looking forward to the summer term and all the exciting events to celebrate the achievements of our students. The summer term is one of change and transition; we look forward to welcoming our new Year 7 students to the Lower Academy for their transition days and also preparing our current Year 7's and 8's for the next stage of their educational journey.

It is with pride that we say goodbye to our Year 9 students this term and wish them luck as they transition to the Upper Academy site. We hope in the next 5 weeks we can fully prepare them for everything Year 10 has to offer.

In the weeks leading up to half term, there was certainly an environmental theme running through many of the lessons and extra-curricular activities at the Lower Academy. The Eco Committee, who have been working hard in their quest to achieve the Woodland Trust Gold Award, began focusing on how the environment could support wellbeing. Our dedicated group of students and staff also started work on a sensory garden and have made plans for an allotment area. Fruit, vegetables, and herbs grown in our allotment will be used in our catering lessons.

In Geography, Year 7 students enjoyed fieldwork outside on the school grounds, participating in scavenger hunts and surveys related to the quality of the whole school environment. Hopefully, if the weather is on our side, our students can enjoy further outside learning opportunities this term.



The Gratitude Tree is a collaboration from students in all years and displays positive messages of what is important in life and what they are thankful for.



We continue to have high expectations of our students with their attitude to learning. With this in mind please, can I ask that students return to school in full school uniform. This includes Academy PE kit, on the days students have PE lessons, whilst renovations to the Sports Hall continue.

I would like to thank you for your continued support with our 'Not Seen, Not Heard' mobile phone policy and, our BA Way standards of expectation. We look forward to sharing further good news with you later in the term.

L.Sherman - Headteacher

## Student Executive Team Receive Leadership Training

All Student Executive members, including Head Students and Deputy Head Students, have recently attended their initial leadership training session.

During the session, students explored the key skills of leadership and discussed what makes a good leader. Various leadership styles were also examined, providing the new leaders with a broad understanding of different approaches. The students demonstrated great enthusiasm and shared ideas on how they can progress their leadership skills through their new roles.

"I learned a lot about being a leader. It is fun and it is good to be trusted by staff members and classmates. I would like to thank the school for choosing me." Daniel.O – Year 7

"I enjoy being part of the Student Executive Team as I know I am trusted to represent my entire class. My opinion is considered in many important decisions such as organising student events." Annie.R – Year 9

"The first SET meeting was exciting. We learned the positive and negatives of being a leader and, how to be fair so that everyone has a say and can be heard. I really enjoyed the meeting as it shows that I am trusted to represent the school and my class." Boglarka.B – Year 9

"I look forward to continuing to work with Student Executive Team over the coming months." Z.Spencer – Assistant Headteacher Personal Development & Parental Engagement



## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

## Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link [www.escb.co.uk](http://www.escb.co.uk) which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

[www.basildonloweracademy.org.uk/safeguarding](http://www.basildonloweracademy.org.uk/safeguarding)

## Young Minds

[Young Minds](#) is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Just as people's bodies can become unwell, people's minds can become unwell too.

Young Minds offer information to young people and children about mental health and emotional wellbeing. If you need to talk, they can let you know about organisations that listen, plus they offer online support and info.

# YOUNGMiNDS

## Young Carers Club

Tuesdays

3:30pm-5pm

Venue:  
Enhanced Provision



Various activities each week  
including board games, cooking,  
photography, arts & crafts.

Refreshments provided. Talk to  
others, relax & have fun.

## Lemon Drizzle Cake Day



ON FRIDAY 7TH JUNE, THE DINING HALL WILL BE  
SELLING SLICES OF LEMON DRIZZLE CAKE FOR 50P

## School Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Tuesday &  
Thursday Breaktime  
Location:  
The Wellbeing Centre



## Free Fruit at Breaktime



Students can choose an item of fruit from the till area in the Dining Hall at breaktime each day.

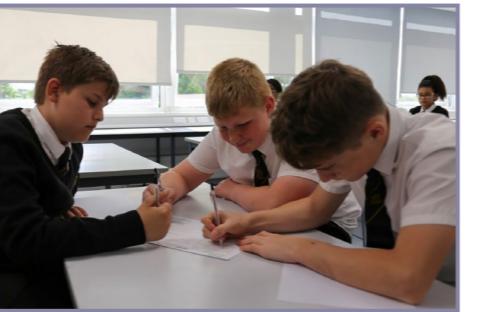
Aspire - Believe - Achieve

## Students Engage in Maths Drop Down Day

On Friday 24<sup>th</sup> May, Lower Academy students experienced a drop-down day dedicated entirely to the subject of Maths, a day packed with a variety of engaging and interactive maths-based activities. Students kicked off the event with a series of quizzes that tested their knowledge and problem-solving skills in a fun and competitive environment. The excitement continued with an escape room activity, where teams of students worked together to solve puzzles and unlock clues.

"Maths Drop Down Day is important to ensure that at the Lower Academy, we are fostering positive attitudes towards maths; Today's event has ensured just that! It has helped to build a positive relationship with maths by allowing for collaboration, creativity, problem solving and highlighting the relevance of maths in everyday life and future careers."

P.Botha - Key Stage 3 Maths Leader



"Today was fun, especially the escape room because it was really challenging. I also enjoyed discovering which jobs involve maths, as it gave me more of an idea what careers we could choose." Victoria.S – Year 9

"Maths Drop Down Day was really good, as I did not realise how much I will need maths when I am older." Annabelle.J - Year 7

"It was very fun but educational at the same time. It has helped me with my multiplication. Instead of stressing out it was relaxing, and I won the escape room challenge, so I really enjoyed today." Elissa.P – Year 9

"I thought that today was fun and thrilling. I really enjoyed the escape room and solving problems using our maths skills." Esther.N – Year 9

"I loved learning maths a different way." Gracie-Mae.M - Year 8

"I liked the Maths Day. We worked in groups and took part in interesting challenges, which was fun." Max.H – Year 9



## Job of the Week: Building Surveyor

### What does a Building Surveyor do?

Building surveyors advise clients about the design, construction, maintenance and repair of buildings. You could work on a construction site, at a client's home or in an office. Your working environment may be at height, outdoors in all weathers and you may spend nights away from home. You may need to wear protective clothing.

### Labour Market Information

- UK jobs: 188,162
- Essex jobs: 6,637
- Top 5 LEAs: Essex (6,637), Kent (6,433), Hertfordshire (5,538), Surrey (5,386), Hampshire (5,283)



### Let's Talk Money

UK annual median: £43,349

## THE BASILDON ACADEMIES WORD OF THE DAY

3<sup>rd</sup> June - 7<sup>th</sup> June 2024  
Child Safety Week

Monday:	<b>Cherished- al-azizeh (العزيزه )</b> in Arabic to hold or treat as dear; feel love for.
Tuesday:	<b>Protected: Protegido</b> in Brazilian Portuguese to defend or guard from attack, invasion, loss, annoyance, insult, etc.; cover or shield from injury or danger.
Wednesday:	<b>Safeguarded: surakshit</b> in Bangla something that serves as a protection or defense or that ensures safety.
Thursday:	<b>Invulnerable: i papirokshem</b> in Albanian incapable of being wounded, hurt, or damaged.
Friday:	<b>Secure: amaanka</b> in Somali free from or not exposed to danger or harm; safe.

The schools RSHE programme is fully compliant but is also adapted to meet the specific needs of the school community. It is taught in discrete weekly timetabled lessons by teachers with an active interest and the skills and expertise to manage open discussions supported by the lead who develops the lesson material and provides training and support for staff.



Excellence in Pupil  
Development Award

2023-2026

Follow The Basildon Lower Academy on our social media channels



## Students Exemplify Kindness by Aiding Woman in Medical Emergency

In a heart-warming display of compassion and community spirit, several students from the Academies exemplified our Student Value that "Kindness is Everything" by coming to the aid of a member of the public in need of urgent medical assistance.

The incident occurred on the morning of Tuesday, May 14<sup>th</sup>, at the bus stop on Whitmore Way, where a woman suddenly experienced a seizure. Our students at the bus stop demonstrated remarkable composure by placing the lady in the recovery position and calling for an ambulance. Our students waited with the lady and comforted her until the ambulance arrived.

The woman, who has now recovered, contacted the school to express her appreciation for the students. She praised them for being extremely respectful and thoughtful and commended them on how well they handled the situation.



## My Child At School App

We are excited to announce the launch of our new app 'My Child At School' (MCAS).

Parents and carers who are registered as 'contact 1' on student's accounts will have received a link via email.



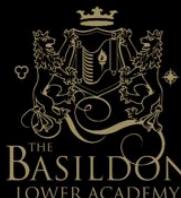
Please follow this link and create a password. Once registered you will have an overview of the following information:

- AP results - these will no longer be posted home and only available via the app.
- Attendance
- Behaviour (Negative consequences e.g., C5)
- Reward points
- Student Timetable
- Exam Timetable (during exam season)

If you have more than one child attending the academies, you will receive an activation email for each child.

You will need to complete the activation process **for each child** but once this has been completed, from the app you will simply be able to toggle between each child and between the upper and lower academies if you have children attending both schools.

This is an exciting development for the academies to further support positive engagement, we hope you will find useful.



## EXTRA-CURRICULAR SPORTS CLUBS

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Before School: 7.30 – 8.15</b> <ul style="list-style-type: none"><li>• Fitness</li></ul> <b>Lunchtime:</b> <ul style="list-style-type: none"><li>• Football</li></ul>		<b>Before School: 7.30 – 8.15</b> <ul style="list-style-type: none"><li>• Trampolining</li></ul> <b>Lunchtime:</b> <ul style="list-style-type: none"><li>• Basketball</li></ul>	
<b>After School: 3.30 – 4.30pm</b> <ul style="list-style-type: none"><li>• Archery (Sign up only)</li><li>• Monday (All Girls)</li><li>• Football (Year 9)</li></ul>	<b>After School: 3.30 – 4.30pm</b> <ul style="list-style-type: none"><li>• Basketball (Year 7)</li></ul>	<b>After School: 3.30 – 4.30pm</b> <ul style="list-style-type: none"><li>• Netball (All years)</li><li>• Badminton (All years)</li></ul>	<b>After School: 3.30 – 4.30pm</b> <ul style="list-style-type: none"><li>• Football (Year 7 &amp; 8 Teams)</li><li>• Basketball (Year 8 &amp; 9)</li></ul>	<b>After School: 3.30 – 4.30pm</b> <ul style="list-style-type: none"><li>• Football (Year 8)</li></ul>

## Absence Procedures

To report a student absence please visit the [Contact Us](#) page via the Basildon Lower Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website: [www.basildonloweracademy.org.uk/attendance](http://www.basildonloweracademy.org.uk/attendance)



# GOOD TIMEKEEPING



## What to do the night before:



Get everything you need for school ready



Set your alarm allowing plenty of time



Make your lunch and drink if you bring a packed lunch to school



Turn off devices half an hour before bedtime



Have a good night's sleep - a minimum of eight hours!

# What to do

## Advice on childhood illnesses

- »»** Go to school; if needed, get treatment as required
- ||** Some restrictions for school attendance
- Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms	<b>»  </b>	Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters	<b>  </b>	Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat	<b>»»</b>	Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)	<b>»»</b>	Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache body aches and pain, exhaustion, sore throat	<b>  </b>	Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards	<b>●</b>	GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before	<b>»»</b>	GP	*
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)	<b>»»</b>	GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)	<b>»»</b>	Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness	<b>●</b>	GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash	<b>●</b>	GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty	<b>»»</b>	Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm	<b>»»</b>	GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash	<b>●</b>	GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash	<b>  </b>	GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea	<b>  </b>	Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus	<b>»»</b>	Pharmacy	Ensure good hand hygiene
Tonsilitis/ Strep throat	Intense sore throat for more than 1 day	<b>»»</b>	Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'	<b>●</b>	GP	Exclusion period during first five days of antibiotics
Covid				Visit <a href="http://www.nhs.uk">www.nhs.uk</a> for latest guidance

\*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Should my child go to school/nursery today?

Hertfordshire and West Essex Healthier Together for further information  
<https://www.hwehealthiertogther.nhs.uk/parentscarers>



Working in partnership with

The Essex Local Offer website provides information about help available to children and young people (aged 0 to 25) with Special Educational Needs and Disabilities (SEND).

You can also find information on:

- support, groups and activities
- help with learning
- advice for young people
- health and wellbeing
- housing and employment
- financial support

Visit [send.essex.gov.uk](http://send.essex.gov.uk) for more information and to sign up to our newsletter

