

The Basildon Lower Academy Newsletter

11th March 2024

Dates for the Diary

British Science Week Friday 8th - Sunday 17th March 2024

Year 9 Progress Review Wednesday 13th March 2024 - 4pm-6.30pm

French & Humanities Parental Event Monday 18th March 2024 - 4pm-5pm

Parent Forum Meeting Monday 25th March 2024 - 4pm-5pm

Bank Holiday Friday 29th March 2024

Easter Holidays Monday 1st - Friday 12th April 2024

Student Value of the Term



House Points - Week Ending 8th March



Leadership Message



T.Smith Assistant Headteacher It was great to welcome all the SENCOs from the South Essex Quadrant to the Basildon Lower Academy on Wednesday 6th March as we hosted a cluster meeting about One Planning in secondary schools.

One Planning aids staff within schools to offer support to children through a variety of bespoke strategies, inside and outside of the classroom.

There are some fantastic support groups provided by Essex SEND in our local community as part of the family hubs. These are located at: Northlands Park, Davenants, Basildon, SS13 1QX and Fryerns Farm, Churchill Avenue, Basildon SS14 2EQ. Both centres cover a wide range of needs including Speech and Language but also offer a general SEND Support drop in. Further details of days and times can be found here: <u>SEND Community Support Timetable</u>

Could You Be A Parent Governor?

As we are a rapidly growing academy trust we have opportunities for new parent governors to join our team.

Becoming a Parent Governor offers you the opportunity to make a real contribution to the academy community and to work together with the academy leadership, staff and other governors.

If this opportunity is of interest then please apply via our website (vacancies section): <u>The Basildon Academies Trust -</u> <u>Governance Vacancies</u>

The closing date for applications will be 3pm on Friday 15th March.

The range of opportunities for parents to be involved and/or get involved is constantly growing and at all levels the school are actively seeking to develop the opportunities they provide for families to be involved in the life of the school.



Leading Parent Partnership Award

2023-2026

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link <u>www.escb.co.uk</u> which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding

Year 7 Football Success

Congratulations to our Year 7 Football Team who beat De La Salle 4-0 in last week's home fixture. Our goal scorers were Oakley.H, TJ.O, Jeremiah.L & Sayid.Z. There was an outstanding performance from Archie.P in goal, and the Man of the Match was awarded to Jeremiah.



National Careers Week

As part of National Careers Week, students completed career related activities and had the opportunity to participate in a virtual careers fair, to help them explore their future aspirations. Throughout the week academy staff shared their own career journeys by sharing details of their previous jobs and the skills developed throughout those careers.



Free Online Counselling Service

<u>www.kooth.com</u> is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

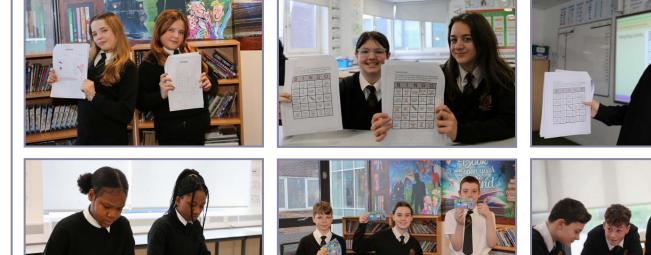


World Book Day

Lower Academy students became detectives for the day to celebrate World Book Day. Students took the opportunity to learn about famous detectives and the stories that they were involved in, before creating their own gruesome and interesting crime scene. Students also took part in the Great Big Footy and Booky guiz.

"I enjoyed World Book Day because we looked at how different authors use descriptive language to make their stories more enjoyable." Emily.B – Year 8

"The best part about the day was I able to create my own crime scene and make it as detailed as possible. I also loved the quiz." Phoebe.R – Year 8















THE BASILDON ACADEMIES WORD OF THE DAY

11 th March - 15 th March 2024 10 th March- Mother's Day					
Monday:	Feminine: Na mata in Hausa Having qualities traditionally ascribed to women, as sensitivity or gentleness.				
Tuesday:	Womanly: دښځينه in Pashto Like or befitting a woman; feminine; not masculine or girlish.				
Wednesday:	Nurturing: pariposhippikkunnathu in Malayalam Providing food, protection, comfort, or support.				
Thursday:	Matriarchal: Puoselėjimas in Lithuanian Characteristic of an entity, family, etc., controlled by women.				
Friday:	Femininity: Obea su in Twi The quality of being feminine; womanliness.				

Create a Tree Champion

Congratulations to Aaliyah.W, the winner of our recent 'Create a Tree Champion' challenge.

The competition brief was for students to create an animal, describe its personality, why they like trees and what they do in their natural habitat.

Aaliyah's winning Tree Champion design will be displayed throughout the Lower Academy and will help promote our student's involvement in the pursuit of the Woodland Trust Green Trees Schools Award.



2nd place was awarded to Issac.S, with 3rd place going to Darius.T. Well done to all our entrants.

International Women's Day

On Friday 8th March, the Lower Academy celebrated International Women's Day, an event which is linked directly to our Student Value of 'Women's Rights Are Human Rights'.

As part of the celebration, students participated in a special International Women's Day quiz and an assembly based on this year's theme of 'Inspire Inclusion'; helping to create a more positive world where women feel inspired and included, and have a sense of belonging and empowerment to their communities.



Absence Procedures

To report a student absence please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website: <u>www.basildonloweracademy.org.uk/attendance</u>

Essex County Council Education





What to do the night before:

Get everything you need for school ready





Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school





Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!

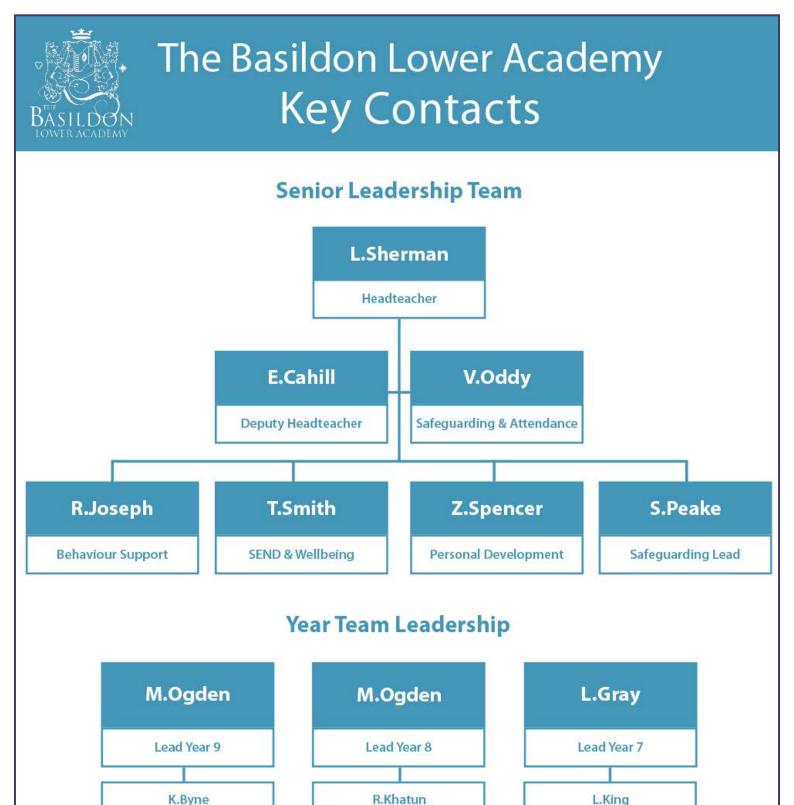






Follow The Basildon Lower Academy on our social media channels





If you have a Learning Support query, please email lowerlearningsupport@basildonacademies.org.uk If you have an Out of Hours Learning query, please email remotelearning@basildonacademies.org.uk If you wish to submit a complaint, please do so via complaints@basildonacademies.org.uk If you have a safeguarding concern, please email safeguarding@basildonacademies.org.uk If you wish to report a respect issue, please email respect@basildonacademies.org.uk

Student Development

Assistant

Student Development

Assistant

Student Development

Assistant

What to do Advice on childhood illnesses



Go to school; if needed, get treatment as required

Some restrictions for school attendance

Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms	>	Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters	11	Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat	>>	Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)	>>	Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards	•	GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before	>>	GP	
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)	>>	GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)	>>	Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness	٠	GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash		GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty	>>	Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm	>>	GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash		GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus	>>	Pharmacy	Ensure good hand hygiene
Tonsilitis/ Strep throat	Intense sore throat for more than 1 day	>>	Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow . Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit <u>www.nhs.uk</u> for latest guidance

*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Should my child go to school/nursery today? Hertfordshire and West Essex Healthier Together for further information <u>https://www.hwehealthiertogether.nhs.uk/parentscarers</u> Working in partnership with

