



The Basildon Lower Academy Newsletter

26th September 2022

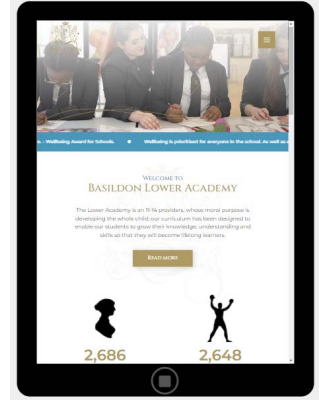
New Lower Academy website goes live

We are pleased to announce the launch of our brand-new Lower Academy website; www.basildonloweracademy.org.uk

Please take the time to familiarise yourself with the new layout.

Our preferred method of communication is through the Contact Us page which is located as a main menu item in top right-hand corner of the website.

www.basildonacademies.org.uk remains an active website where you will find all of the information relevant to the Basildon Academies Trust.



Dates for the Diary

Macmillan Coffee Morning
Friday 30th September 2022

Settling Event
Monday 3rd October 2022: 4pm - 5pm

First Aid Day
Tuesday 4th October 2022

Lower Academy Year 6 Open Evening
Thursday 6th October 2022: 5pm - 7pm

Upper Academy Sixth Form Open Evening
Thursday 6th October 2022: 5pm - 7pm

Literacy & Numeracy Information Event
Monday 17th October 2022: 5pm - 7pm

Half Term
Monday 24th - Friday 28th October 2022

Wellbeing Centre

The Lower Academy Wellbeing Centre offers support for our students in times of need. Dealing with your own issues such as anxiety, mental health, wellbeing, self-regulation, or bereavement can be a barrier to success. Our Wellbeing Centre aims to ensure you are not alone.

The Lower Academy Wellbeing Centre is a safety net for students who are not currently able to engage with lessons fully, and offers short and long-term interventions that are flexible for all.



If you have any concerns regarding your child's mental health please submit your information via the **contact us** page on the Basildon Lower Academy website, making sure to select the 'Wellbeing' option.

For further information visit: www.basildonloweracademy.org.uk/wellbeing-centre

School nurse drop-in

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Thursday Breaktime
Location: The Lower Academy Wellbeing Centre



Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please email: remotelarning@basildonacademies.org.uk

OCTOBER 2022 PARENT & CARER EVENTS

Settling Event: Monday 3rd October, 4-5pm

Parents and carers can make an appointment to see a member of our Academy staff to discuss how their child is settling in and to raise any queries or concerns you may have as we start this Academic Year. We can also provide tours of our facilities.

Please do contact our Academy reception team either via the contact us page (General Enquires) [The Basildon Academies - Contact Us](#) or via phone [01268 552536](tel:01268552536) to make your appointment. If you would particularly like to meet with a member of our SEND, Safeguarding or Attendance Teams please make that clear in your request.

Prospective Year 6 & Year 12 Open Evening: Thursday 6th October, 5-7pm

We are delighted to open both of our Academy sites to parents, carers and students on 6th October. This will be an opportunity for current Year 6 students to tour the Lower Academy and meet with key staff about what transition into Year 7 will look like in September 2023.

Current Year 11 parents, carers and students will be welcomed to the Upper Academy to meet with our Sixth Form teachers and select their Sixth Form options. Some of our courses are quickly filled so we would encourage all students to come and reserve their places on their favourite options! We will also have careers advice and guidance available to discuss Post 16 apprenticeships and college placements.

Year 7, 8 & 9 Reading & Numeracy Information Event: Monday 17th October, 4-5pm

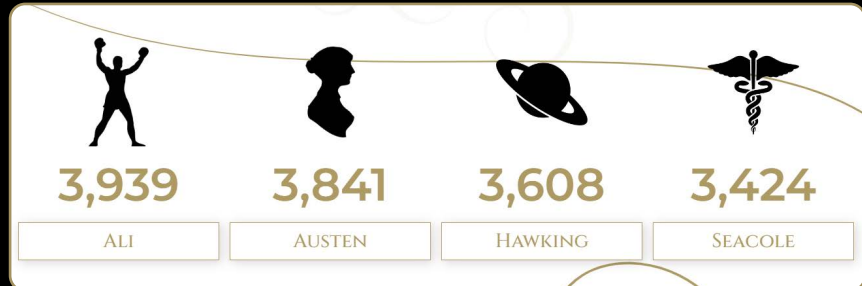
Parents & carers are invited the Lower Academy hall to meet with our dedicated Numeracy and Reading teaching teams who will give a talk regarding what students learn at the Lower Academy, how to support their Reading and Numeracy at home and how we then assess for progress. There will also be plenty of resources for you to take away!

Please do come along and bring any questions you may have regarding this crucial area of the curriculum. Students continuing to develop these foundation skills learnt in primary school is a cornerstone of later success in GCSE assessments in Key Stage 4.

Student Value of the Term

BLACK LIVES MATTER

House Points - Week Ending 23rd September



Strong, supportive, and mutually respectful relationships were evident throughout the visit and young people said that the increased emphasis on rights, respect and dignity has added to this. Staff spoke powerfully about the importance of them acknowledging to students when they themselves have got something wrong.

Unicef RRS Accreditation Report Gold: Rights Aware - July 2022

There has been a heavy emphasis on the training and development of staff to support them in supporting students. Examples of this include extensive whole staff training in Trauma Perceptive Practice (TPP) and ensuring all key pastoral staff are mental health first aid trained to enable them to triage student need effectively.



Wellbeing Award
for Schools

2022-2025



Absence Procedures

To report a student absence please email: attendance@basildonacademies.org.uk

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)



WORLD'S BIGGEST COFFEE MORNING

MACMILLAN
CANCER SUPPORT



On **Friday 30th September** the Lower & Upper Academy will be taking part in the Macmillan Coffee Morning.

During breaktime a selection of cakes & biscuits will be available for students & staff to purchase in the Dining Hall. Each cake or biscuit will be 50p each, with all proceeds going to the cancer support charity.

Purchases will be made through ParentPay in the normal way.



To celebrate Black History Month, each Wednesday in October we will be serving authentic dishes in the Dining Hall

Dishes for Wednesday 5th October:



Jerk Chicken



Southern Style Mac & Cheese



Key Lime Pie

Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonacademies.org.uk/safeguarding

Free Online Counselling Service

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).

UNICEF Gold accreditation awarded to Upper & Lower academy

We are proud to announce that both The Basildon Lower & Upper Academy have been awarded the Gold Rights Respecting School Award by UNICEF UK.

Congratulations to all our stakeholders on this fantastic achievement. The award demonstrates our commitment to promoting and realising children's rights and encouraging adults, children and young people to respect the rights of others in school and the wider community.

The Rights Respecting Schools Award is granted to schools that show commitment to promoting and realising children's rights and encouraging adults, children and young people to respect the rights of others in school.

Gold is the highest accolade given by UNICEF UK and shows a deep and thorough commitment to children's rights at all levels of school life. Gold is for schools that create safe and inspiring places to learn, where children are respected, their talents are nurtured, and they are able to thrive. Our Rights Respecting Schools Award embeds these values in daily school life and gives children the best chance to lead happy, healthy lives and to be responsible, active citizens.

The Award recognises achievement in putting the United Nations Convention on the Rights of the Child at the heart of a school's planning, policies and practice. A Rights Respecting School is a community where children's rights are learned, taught, practised, respected, protected and promoted.

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[Click here](#) to read the full report.



Year 8 Students of the Week

Mathematician of the Week	Kieran O
English Scholar of the Week	Bonnie P
Scientist of the Week	Crystal O
Historian of the Week	Callum C
Geography Genius of the Week	Sienna J
RE expert of the Week	Isabelle P
Chef of the Week	Fletcher W
French Linguist of the Week	Regan C
Artist of the Week	Kemilly D
Performer of the Week	Ryan T
Computer Scientist of the Week	Max H
Engineer of the Week	Toal A
RSHE Champion of the Week	Leon S

Lunch Menu - Week Commencing 26th September

 LUNCH MENU WEEK 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Meat Free Monday Quorn Sausage Toad in the Hole	Mexican Tuesday Mexican Chicken Bun	American Wednesday BBQ Chicken	Spanish Thursday Chicken Paella	Fish Friday Fish Finger Sub with Lettuce & Mayo
Main Meal Option 2	Vegetable Pasta Bake	Meatballs	Sweet Chilli Dogs	Cajun Chicken Wrap	BBQ Chicken Wings
Vegetarian Meal Option 1	Veggie Wrap	Quorn Meatballs	BBQ Quorn Chicken	Cajun Vegetable Wrap	Savoury Rice Pot
Vegetarian Meal Option 2	Creamy Leek & Potato Pie	Spicy Bean Burger	Sweet Chilli Quorn Dog	Vegetable Paella	Vegetable Finger Sub with Lettuce & Mayo
On the Side	Garlic Bread Freshly Prepared Coleslaw Mash Peas	Mexican Potatoes Mexican Style Corn Salad Pasta	BBQ Baked Beans Cajun Wedges Freshly Prepared Coleslaw	Spanish Pasta Salad	Skin-on Wedges Sweetcorn
Pasta King Pot	Chinese Vegetable Curry Veggie Bolognese	Amigo Meatballs Arrabbiata	Sweet Chilli Chicken Italian Mushroom	Spicy Sausage Zingy Peppers	Texan BBQ Meatballs Tomato & Mascarpone
Oven Baked Jacket Potato	Toppings Baked Beans Cheese	Toppings Chilli Baked Beans Cheese	Toppings Tuna Mayonnaise Baked Beans Cheese	Toppings Spicy Baked Beans Cheese	Toppings Baked Beans Cheese
Dessert	Summer Fruit Cheesecake	Mexican Chocolate Pudding & Vanilla Ice Cream	Key Lime Pie	Churro's Lemon Olive Cake	Carrot Square Cakes