

# The Basildon Lower Academy Newsletter

15th July 2024

## **Dates for the Diary**

**Cultural Fayre** 

Tuesday 16th July 2024 - 3.30pm-5pm

**Sports Day** 

Thursday 18th July 2024

**Last Day of School Term** 

Friday 19th July 2024 - Students finish at 12:30pm

First Day of Autumn Term

Wednesday 4th September 2024

## **Aspire - Believe - Achieve**

### **Student Value of the Term**

# **LOVE IS LOVE**

## House Points - Week Ending 12th July



## **Leadership Message**

As we approach the end of term, we are mindful that the summer holidays is challenging for us as a school to safeguard our students. We want to share with you some tools and guidance to support your child over the summer break. Students will all be receiving safeguarding information this week in preparation for the holidays; We are encouraging them to maintain a good daily routine, setting appropriate times to get up and go to bed, to eat healthy and regularly and, stay hydrated to support their physical and mental wellbeing. We have encouraged students to focus on two areas in which they can safeguarding themselves:

**Location and Communication**: To keep regular communication with parents and carers should they be going out with friends, and we encourage you as parents to discuss and agree where they are going and who they are with, setting boundaries and expectations to ensure they are safe.

**Observe your surroundings, "Am I safe":** To be aware of where they are going, who they are going with and if they will be safe. We have suggested they speak to a trusted adult if at any point they feel uncomfortable or unsafe in the environment they are in.

Safeguarding resources to support parents over the summer holiday:

**Online Safety** 

<u>Keeping Shildren Safe Online</u> Parent Safe

Qustodio

Mental Health and Wellbeing

**NHS - Every Mind Matters** 

Young Minds Children's Mental Health

**Water Safety this Summer** 

The Water Safety Code (rlss.org.uk)

**Prevent and Extremism** 

**Educate Against Hate** 

**Exploitation/County Lines/CCE** 

What Is County Lines? | The Children's Society

Please refer back to Tea-Time talks that have been emailed out to you this year to give further guidance.

Should you have any Safeguarding concerns over the summer holidays you can contact:

Essex Social care: 0345 603 7627.

Essex Police – 999 (Emergency Line) or 101 (Non-Emergency line)

CAMHS - Child and Adolescent Mental Health Service - 0800 953 0222 - Southend, Essex and Thurrock (SET) CAMHS | NELFT

**NHS Foundation Trust** 

We hope that all our students and their families have a relaxed, rested and safe summer holidays and we look forward to welcoming you back in September.

S.Peake - Senior Student Development Leader & Designated Safeguarding Lead

### **Summer Celebration Presentation Event**

We recently celebrated the success and achievements of Key Stage 3 students at our Summer Celebration Presentation Evening.

Each department area nominated students for their Passion for Learning and Growth in respective faculties. As a staff body, we are extremely proud of all our students' achievements; their dedication to their studies, attitude to learning and, application of the 'BA Way' is deserving of high praise and recognition.







































### Cultural Fayre - Tuesday 16th July

We invite all parents, carers, families, and students to join us for our Cultural Fayre on Tuesday 16<sup>th</sup> July, from 3.30pm-5pm.

Entertainment will be provided by our school Rock Band, Brazilian Samba Band, Culture Clash Dance Collective, Choir and Garage DJ's. Ice cream and hot dogs will be available to purchase.

The event will offer visitors the opportunity to travel 'Around the World' by exploring the cultural themed stalls created by our students. Each stall features an interactive activity for guests to enjoy, along with the opportunity to collect a passport stamp for each visit.



All proceeds raised during the event will go to our chosen charity UNICEF. We look forward to welcoming you to the event.

## **Lower Academy Achieves Beacon Peaceful School Award**

We are delighted to announce that the Lower Academy has achieved the prestigious Beacon Peaceful School Award for its pioneering work in creating a peaceful school community.

The Peaceful Schools Strategy Group were impressed by the range and depth of the school's efforts and how the student values are an embedded part of part of everyday life.

The Peaceful Schools Movement recognises, and celebrates the important role that schools play in equipping children with the skills they need to live peaceful lives and to be peacemakers in their families and communities. The organisation's main aim is that schools should become peaceful learning environments.



Peaceful Schools Founder and Coordinator, Anna Lubelska recently visited the school and spoke with students throughout her tour of the school. Anna commented on how she loved that initiatives were student led and praised the drive of our UNICEF Ambassadors, Eco-Committee and Student Executive Team. She also commented on how unique the school is and, how it uses holistic approaches to develop students. Anna was also full of praise for the work that the Eco Committee have done to enhance the site, which includes the recently installed sensory garden, which allows students to have some down time and a place to relax.

"That was the best pupil-led tour of a school I've ever had. The pupils were able to explain all aspects of the school as well as being courteous and cheerful. Well done to everyone at Basildon Lower Academy." Anna Lubelska, Peaceful Schools Founder and Coordinator

"It was an absolute pleasure for the school to visited by Anna and for all of our hard work to be seen and acknowledged, not only for our curriculum but for how much we care about the students." B.Barnard

"I am extremely proud of this school because we tried our absolute best to win the award and it wouldn't have happened without Miss Barnard, so thank you." Declan.P – Year 8

"I am so happy that we have won the award. We are 1 of only 18 schools in the world to have received this award." Gracie-Mae.M – Year 8

The school repeatedly demonstrate they are prepared to go the "extra mile" to find the right solutions for their students. Creative examples include developing an eGaming suite, opening the school facilities on a Saturday to enable students to study (including the art facilities), and providing catering sessions for parent and child providing the opportunity to cook cost effective healthy meals together.



## **Home Learning**

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the Contact Us page via the Basildon Lower Academy website and select the option for Home Learning/Homework.

## **Safeguarding**

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link <a href="https://www.escb.co.uk">www.escb.co.uk</a> which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonloweracademy.org.uk/safeguarding

## **School Nurse Drop In**

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Tuesday & Thursday Breaktime Location:

The Wellbeing Centre



## Free Fruit at Breaktime



Students can choose an item of fruit from the till area in the Dining Hall at breaktime each day.

## **Free Online Counselling Service**

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



#### **Absence Procedures**

To report a student absence please visit the <u>Contact Us</u> page via the Basildon Lower Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

For further information and guidance regarding attendance and absence please visit our website: <a href="https://www.basildonloweracademy.org.uk/attendance">www.basildonloweracademy.org.uk/attendance</a>

## Uniform Exchange Scheme

If you have uniform that your child has outgrown, please bring it in and see if there is something in the exchange shop that has been donated that you can simply swap your item for. We are still gratefully receiving donations of shirts, trousers and PE kits that are in pre-loved condition and these can be donated via the reception office on either site.

Please remember, the Uniform Exchange shop is located at the Lower Academy, is open from 8am – 3:30pm Monday – Friday and is accessible via the school office.



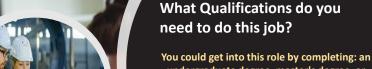
## Job of the Week: Health & Safety Inspector

#### What does a H&S Inspector do?

Health and safety advisers help keep workplaces safe and reduce any injury or health risks for employees. You could work in many different industries including construction and engineering, mining, quarrying, oil and gas exploration and manufacturing and services and chemical processing. You could also work in public services like hospitals, education, arts venues, and local government.

#### **Labour Market Information**

- UK jobs: 71,683
- Essex jobs: 1,929
- Top 5 LEAs: Hampshire (2,267), Kent (2,149), Essex (1,929),
   Lancashire (1,738), Hertfordshire (1,394)



you could get into this role by completing: an undergraduate degree, master's degree, or postgraduate diploma that's recognised by a health and safety institution, an apprenticeship or degree apprenticeship in health and safety, environmental health, or similar. It can also help to have work experience in a health and safety role – for xample, in an education setting, theatre, or government agency

Let's Talk Money

UK annual median: £44,932



## THE BASILDON ACADEMIES WORD OF THE DAY

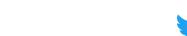
15 <sup>th</sup> July 2024 - 19 <sup>th</sup> July 2024	
Monday:	Summertime: Timpul verii in Romanian the summer season.
Tuesday:	Vacation: Likizo in Swahili a period of suspension of work, study, or other activity, usually used for rest, recreation, or travel; recess or holiday.
Wednesday:	Relaxation: thalarvu in Tamil a relaxing or recreative state, activity, or pastime.
Thursday: (Nelson Mandela International Day)	Merrymaking: Şenlik in Turkish a joyful activity.
Friday:	Recreation: Eré ìdárayá in Yoruba refreshment of strength and spirits after work.

## New Essex Sexual Health Service Webpages Dedicated to Secondary Parents & Carers

The Essex Sexual Health Service has a website dedicated to parents and carers. Parents can find a wealth of resources, including FAQs, insights into RSE, and advice on how to have those important conversations.



www.essexsexualhealthservice.org.uk/parents-and-carers/









## Free activity clubs across Essex and Thurrock for eligible primary and secondary school children that also offer:

- Specialist SEND, mental wellbeing and youth clubs.
- Sports and games, arts and crafts, cooking and so much more!
- Nutritious snacks and tasty meals
- Run by qualified, locally trusted organisations
- Family support
- Resources and guidance

## WHAT IS ESSEX ACTIVATE?

Run by Active Essex, Essex ActivAte offers fun and exciting activity clubs for school aged children (4-16 years) during the holidays! Run by our fantastic organisations across Essex and Thurrock, all of our clubs are unique and offer different activities, helping to keep young people active, support their mental wellbeing and allow children to socialise with others, as well as support parents out of term time.

Children who are eligible or receive pupil premium, benefit based free school meals or are from income-related benefit households, can be booked onto our holiday clubs for FREE! Although, clubs may offer discretionary paid places and paid for places, so there is something for everyone at an Essex ActivAte club!

www.activeessex.org (







EssexActivAte



