

The Basildon Lower Academy Newsletter

26th April 2022

Dates for the Diary

Year 9 Options Appointments Monday 25th April 2022: (Pre-booked)

Bank Holiday Monday 2nd May 2022

National Gardening Week Monday 2nd May - Sunday 8th May 2022

Year 7 AP Assessments Tuesday 3rd May - Friday 6th May 2022

Year 8 AP Assessments Monday 9th May - Friday 13th May 2022

Year 9 Vaccinations Wednesday 11th May 2022 (Pre-booked)

National Vegetarian Week Monday 16th - Sunday 22nd May 2022

Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please email:

remotelearning@basildonacademies.org.uk

Student Water Bottles

Please encourage your child to bring their water bottle to school and should replacements be required, these can be purchased through your ParentPay account for just £1.



Free Online Counselling Service

<u>www.kooth.com</u> is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly qualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).





Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link **www.escb.co.uk** which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonacademies.org.uk/safeguarding

Absence Procedures

To report a student absence please email: attendance@basildonacademies.org.uk

- Parents/carers should contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
- Parents/carers must provide medical evidence to support all absences due to illness or medical appointments.
- Wherever possible parents/carers should make appointments outside of school hours but if this is unavoidable students should attend school before and after the appointment.
- If no appropriate medical evidence is provided then the Academies cannot authorise an absence. (ie. medical appointment card, prescription, doctor's letter.)

School nurse drop-in

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse can be found:

Every Thursday Breaktime Location: The Lower Academy Wellbeing Centre



Student Value of the Term

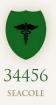
House Points - Week Ending 22nd April













Students talked openly and maturely about how the school supports them with their mental health, social and emotional needs. One student said, "School have offered me support, and I have been able to speak to specialists about coping with anxiety."

Unicef RRSA Accreditation Report Silver: Rights Aware - July 2021



Lower Academy after school sports clubs

Monday	Tuesday	Wednesday
Archery (Sign up required) Shot Putt Javelin Discus Hammer Long Jump Triple Jump	Hurdles Track Events	High Jump

All clubs run from 3.30pm - 4.15pm, except Archery which runs from 3.30pm - 4.30pm

All clubs are available to students from each year group.



Students of the Week

English Scholar of the Week	Sonny A
Historian of the Week	Clarence M
Artist of the Week	Gabriella S











Students of the Week

Hayden A

Gracie M

Bailey E

Annie R

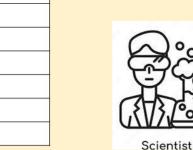
Zack E

Kayla R

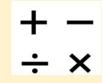
Richard K

T
GEOGRAPHY











Chef





Mathematician of the Week English Scholar of the Week

Super Scientist of the Week

Musician of the Week

Engineer of the Week

Chef of the Week

Artist of the Week





English Scholar of the Week	Kieran C
Geography Genius of the Week	Cory W
RE expert of the Week	Leeland G
Chef of the Week	Leah S
French Linguist of the Week	Lavinia G & Mercedes C
Artist of the Week	Bella O
Performer of the Week	Connor H
Computer Scientist of the Week	Omotayo A







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Lunch Menu - Week Commencing 25th April

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	LUNCH MENU WEEK 2					
	BASILDON	Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal Option 1	Meat Free Monday Roasted Vegetable Lasagne	Chinese Tuesday Sweet & Sour Chicken	Wednesday Family Favourite Sausages	Mexican Thursday Chicken Fajitas	Chip Shop Friday Battered Sausage
	Main Meal Option2	French Bread Pizza	Chinese Chicken Curry	Spaghetti Bolognese	Loaded Chicken & Vegetable Quesadillas	Individual Meat Pie
	Vegetarian Meal Option 1	Roasted Vegetable Tart	Vegetable & Noodle Stir Fry	3-Veg Macaroni Cheese	Roasted Vegetable Fajitas	Battered Quorn Sausage
	Vegetarian Meal Option 2	Roasted Vegetable Panini	Vegetable Curry	Quorn Bolognese	Loaded Vegetable Quesadillas	Individual Vegetable Pie
6	On the Side	Garlic Bread Freshly Prepared Coleslaw	Super Veggie Spring Roll Chinese Fried Rice	Garlic Toast Peas Mash Freshly Prepared Coleslaw	Mexican Corn on the Cob Mexican Potatoes	Chips Mushy Peas Curry Sauce
	Pasta King Pot	Italian Mushroom Zingy Peppers	Sweet & Sour Chinese Chicken Veg Tikka	Bolognese Pomodoro	Mediterranean Pizza Spicy Sausage	Sweet Chilli Chicken Tomato & Mascarpone
(*	Oven Baked Jacket Potato	Toppings Baked Beans Cheese	Toppings Baked Beans Cheese	Toppings Tuna Mayonnaise Baked Beans Cheese	Toppings Chilli Vegetable Chilli Cheese	Toppings Mushy Peas Cheese Beans
9	Dessert	St Clements Cake	Fruit & Brownie Skewers	Lemon Drizzle Cake	Belgian Waffle with Strawberries & Chocolate Sauce	Rocky Road & Ice Cream
C.		670				

BREAK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
PK Pockets	Chinese Chicken Wings	Sausage Roll Vegan Sausage Roll	PK Pockets	Egg & Bacon Muffin
Cheese Toasted Sandwich	Panini	Nachos & Salsa	Pizza	Garlic Bread French Sick
Ultimate Healthy Flapjack	Veggie Quesadilla	Ultimate Healthy Flapjack	Breakfast Roll-Up	Ultimate Healthy Flapjack
Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot	Granola & Yoghurt Pot
Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots	Fruit Pots